



TOOLBOX TALK



HOW TO CLIMB A SCAFFOLD SAFELY

Working at height presents significant risks, and scaffolding is one of the most commonly used structures in construction and maintenance. Climbing a scaffold safely is crucial to preventing falls and ensuring a secure work environment. Today, we'll discuss the key steps to climbing a scaffold correctly, the necessary safety checks, and the personal protective equipment (PPE) required.



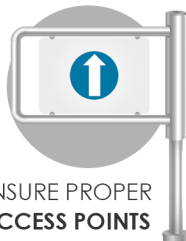
1. What are the key safety checks to perform before climbing a scaffold?
2. Why is maintaining a three-point grip important when climbing a scaffold?
3. What PPE is required when working on or climbing scaffolding?

PRE-CLIMB INSPECTION

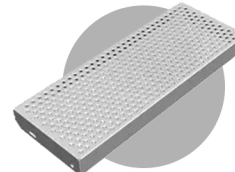
BEFORE CLIMBING A SCAFFOLD, TAKE THE FOLLOWING PRECAUTIONS:



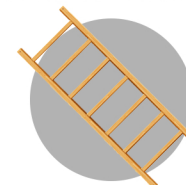
CHECK FOR A SAFETY TAG



ENSURE PROPER ACCESS POINTS



SLIP-RESISTANT TREADS



LADDER EXTENDS 1M ABOVE HATCH

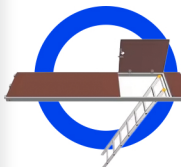


SCAFFOLD STABILITY

SAFE CLIMBING PRACTICES



CLIMB FROM THE INSIDE OF SCAFFOLD



USE PLATFORMS WITH HATCHES



USE A TOOL BELT OR HOIST FOR TOOLS

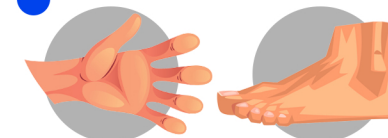


CLIMB SLOWLY AND CAREFULLY

MAINTAIN A THREE-POINT GRIP

TWO FEET AND ONE HAND

ONE FOOT AND BOTH HANDS



IN CONTACT WITH THE SCAFFOLD AT ALL TIMES

PERSONAL PROTECTIVE EQUIPMENT (PPE)



GLOVES



SAFETY BOOTS



HARD HAT



SAFETY HARNESS

